

Series 2:
Nutrition & Feeding Handout
(cont.)

- What is the best way to prevent colic?

- Feed a ration with good roughage.
- Make sure your horse is on a good deworming schedule.
- Feed at the same time every day.
- At night give a large amount of hay.

Deworming:

- Use dewormer every eight weeks to ensure that your horse does not get worms.

More Nutritional Tips:

- Cut grain ration to 1/3 if your horse is not being worked regularly.
- Take two days to increase the amount of feed because it is easier on their stomach to have a gradual increase.
- Never change your horse's feed completely in one feeding. Do it over a 7-10 day period to ensure that your horse does not colic.
- Protein, fiber, & fat should be increased as the work load of your horse increases.
- Look for three things on the feed label: protein 10-20%, fat 7-10%, and fiber (digestible) 6-8%.